The Brain Gym® 101 Course

taught by Kathy Brown, M.Ed.

author of Educate Your Brain

Dates in 2017: March 24-25-26 • July 14-15-16 • September 8-9-10 • November 10-11-12

Hours: 9:00 am to 5:30 pm, all three days

Location: Center Edge office: 4915 E. Pinchot Ave., Phoenix, AZ 85018 (Near Thomas Rd. & 48th St.)

Registration: \$395 if received two weeks in advance, \$425 thereafter

Buddy rate: \$350 early pay / \$375 later - each, for two or more registering together

Repeat registration fee: \$200 early pay / \$215 later

Brain Gym® is an innovative program that supports each learner in.... • settling more easily into his or her best learning pace • overcoming blocks to efficient learning • improving focus, concentration, organization, listening, overall physical coordination, and cognitive ability.

It is also a cutting-edge means for adults to achieve more ease and effectiveness in any area of life where they feel stuck, frustrated, or "not their best."

Brain Gym is easy to learn, fun to use, and requires no special equipment. It smoothly supplements other areas of the school curriculum or business day. It simply "greases the wheels of learning and effectiveness," and allows the everyone's innate ability to come out in his or her work, interactions, and self-esteem.

Participants will come away from this course with information and tools they can use right away with their students, and for themselves.

One occupational therapist said, "We just do a few Brain Gym movements and kids start doing things I've been trying for months to get them to do. It really makes their learning easier!"

Books: To learn the BG101 material most easily, and to more fully use the skills you learn in the future, two books are recommended:

- Educate Your Brain, by Kathy Brown. There's a lot to learn and experience in BG101, and it's all new to the beginner! I wrote Educate Your Brain as the ideal companion for learning and using Brain Gym. I offer this book at a **special pre-registration rate of \$20**, which includes the postage for me to mail it to you so you can read some specific pieces ahead of time. This will greatly enhance your learning process. (A student of one of my colleagues read EYB and said, "Wow I wish I'd read this before I took BG101!") Available in class for \$21.95 plus tax.
- Brain Gym® Teacher's Edition, by Paul & Gail Dennison. This book fully describes all 26 Brain Gym movements, and provides much supplemental information about them, and about Brain Gym. Available in class for \$29.95 plus tax.

This course is part of the Brain Gym® instructor licensure curriculum.



Kathy Brown, M.Ed., Licensed Brain Gym® Instructor and Consultant, has 23 years experience as a classroom educator (K-6). Since 1998 she has been offering Brain Gym services in schools, teacheing Brain Gym courses and workshops, and working with private clients of all ages.

She is the author of *Educate Your Brain*, the award-winning book on the basics of the Brain Gym program.

Kathy says, "I've never seen anything like Brain Gym for uncovering hidden potential and bringing out the best in every learner. It makes learning more fun, and makes teaching easier--and it's simple to do. What could be better?"

Kathy Brown, M.Ed. • 602-952-7001 www.centeredge.com • kathy@centeredge.com

Yes, please register me for Bra	nin Gym® 101		
March 24-25-26, 2017	July 14-15-16, 2017		
—— September 8-9-10, 2017	November 10-11-12, 2017		
Name (please print clearly)			
Address			
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\$395 early registration (rec'd 2 weeks		\$50 of ea	ch registration refundable deposit, e cancel
\$200 repeat registration (rec'd 2 weel	ks ahead)\$215 thereafter (b	oring your m	nanual)
\$350 Buddy Rate (rec'd 2 weeks ahead	d)\$375 thereafter fo	or 2 or more	registering together
I have added \$20 to my course pay	ment to have a copy of Educate Yo	our Brain <u>m</u>	ailed to me.
I have added \$32.44 to my course	payment to reserve a copy of Brain	า Gym® Tea	acher's Edition.
My total (Reg. & Book/s): \$	_ Name of Buddy Rate partner/s _		
Mail to: Kathy Brown / Center Ed • Fax your registrate • Scan & email your registrate then call me wit • Call me to reg	You can: ith cc# or check made payable to Cer dge • 4915 E. Pinchot Avenue • Pho tion form w/ cc# to 602-952-1174 ion WITHOUT cc# to kathy@centeredg th your cc# (emailing a cc# is NOT sec ister by phone – 602-952-7001 ase Orders welcome	enix, AZ 850	018
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