

Introduction to Brain Gym®

A one-day workshop with
Kathy Brown, M.Ed.
author of *Educate Your Brain*

Dates: June 10, 2017

Hours: 9:00 am to 5:00 pm

Location: Center Edge Office - 4915 E. Pinchot Ave., Phoenix, AZ 85018 • Near Thomas Road & 48th Street

Registration: \$125 if paid two weeks ahead • \$140 thereafter

Special Saving for Buddy Rate: \$100 two weeks ahead /\$120 thereafter - two or more registering together

This workshop is for
Parents • Teachers • Therapists • Counselors
Anyone who wants to enhance learning, and life in general!

Participants will...

- Understand what's at the root of many learning and coordination challenges, and what to do about it
- Experience all 26 Brain Gym movements and learn how to get the (playful!) most out of each one
- Explore the Three Mind-Body Dimensions of Intelligence and their communication pathways in the brain -- Laterality (Right & Left Hemispheres), Centering (Cortex & Limbic System), and Focus (Brain Stem & Frontal Lobes) -- and how they can be enhanced through specific Brain Gym movements
- Learn how to incorporate Brain Gym activities into the
classroom day • therapy session • home environment -- in a natural, fun way
- Learn how to modify Brain Gym activities for
children with special needs • frail senior citizens • those prone to seizures
- Experience how Brain Gym readies the mind-body system for focus, organization, participation, communication, relating positively to self and others, physical coordination, cognitive skills - and especially *reading*

(Sorry - This one-day workshop does not qualify as part of the Brain Gym® licensure curriculum.)



Kathy Brown, M.Ed., Licensed Brain Gym® Instructor and Consultant, has 23 years experience as a classroom educator (K-6). Since 1998 she has been offering Brain Gym services in schools, teaching Brain Gym courses and workshops, and working with private clients of all ages.

She is the author of *Educate Your Brain*, the award-winning book on the basics of the Brain Gym® program.

Kathy says, "I've never seen anything like Brain Gym for uncovering hidden potential and bringing out the best in every learner. It makes learning more fun, and makes teaching easier--and it's simple to do. What could be better?"

Kathy Brown, M.Ed. • 602-952-7001
www.centeredge.com • kathy@centeredge.com

Brain Gym® is a registered trademark of Brain Gym® International Ventura, CA
• www.braingym.org • 800-356-2109

**Yes, please register me for the one-day Introduction to Brain Gym® workshop
June 10, 2017**

Name (please print clearly) _____

Address _____

City _____ State _____ Zip _____

Phone - day _____ evening _____

Email _____

___\$125 early registration (rec'd 2 weeks ahead) ___\$140 thereafter

___\$100 early / \$120 thereafter -- "Buddy Rate" for two or more registering together

Name of buddy: _____

You can:

- Send your registration form with cc# or check made payable to Center Edge
Mail to: Kathy Brown / Center Edge • 4915 E. Pinchot Avenue • Phoenix, AZ 85018
- Fax your registration form w/ cc# to 602-952-1174
- Scan & email your registration WITHOUT cc# to kathy@centeredge.com
then call me with your cc# (emailing a cc# is NOT secure!)
- **Call me to register by phone – 602-952-7001**

Purchase Orders welcome

Card # _____ Expiration _____ Code _____

Signature _____ Billing zip code _____

This complete flyer / registration form is available at www.centeredge.com
Click on the Courses page and follow the links to Introduction to Brain Gym®

We look forward to having you in class!