

Introduction to Brain Gym®

A one-day workshop with
Kathy Brown, M.Ed.
author of *Educate Your Brain*

Date: September 28, 2019 (Sat)

Hours: 9:00 am to 5:00 pm

Location: Center Edge Office - 4915 E. Pinchot Ave., Phoenix, AZ 85018 • Near Thomas Road & 48th Street

Registration: \$125 if paid two weeks ahead • \$140 thereafter

Special Saving for Buddy Rate: \$100 two weeks ahead /\$120 thereafter - two or more registering together

This workshop is for
Parents • Teachers • Therapists • Counselors
Anyone who wants to enhance learning, and life in general!

Participants will...

- Understand what's at the root of many learning and coordination challenges, and what to do about it
- Experience all 26 Brain Gym movements and learn how to get the (playful!) most out of each one
- Explore the Three Mind-Body Dimensions of Intelligence and their communication pathways in the brain -- Laterality (Right & Left Hemispheres), Centering (Cortex & Limbic System), and Focus (Brain Stem & Frontal Lobes) -- and how they can be enhanced through specific Brain Gym movements
- Learn how to incorporate Brain Gym activities into the
classroom day • therapy session • home environment -- in a natural, fun way
- Learn how to modify Brain Gym activities for
children with special needs • frail senior citizens • those prone to seizures
- Experience how Brain Gym readies the mind-body system for focus, organization, participation, communication, relating positively to self and others, physical coordination, cognitive skills - and especially *reading*

(Sorry - This one-day workshop does not qualify as part of the Brain Gym® licensure curriculum.)



Kathy Brown, M.Ed., Licensed Brain Gym® Instructor and Consultant, has 23 years experience as a classroom educator (K-6). Since 1998 she has been offering Brain Gym services in schools, teaching Brain Gym courses and workshops, and working with private clients of all ages.

She is the author of *Educate Your Brain*, the award-winning book on the basics of the Brain Gym® program.

Kathy says, "I've never seen anything like Brain Gym for uncovering hidden potential and bringing out the best in every learner. It makes learning more fun, and makes teaching easier--and it's simple to do. What could be better?"

Kathy Brown, M.Ed. • 602-952-7001
www.centeredge.com • kathy@centeredge.com

Brain Gym® is a registered trademark of Brain Gym® International Ventura, CA
• www.braingym.org • 800-356-2109

**Yes, please register me for the one-day Introduction to Brain Gym® workshop
September 28, 2019**

Name (please print clearly) _____

Address _____

City _____ State _____ Zip _____

Phone - day _____ evening _____

Email _____

___\$125 early registration (rec'd 2 weeks ahead) ___\$140 thereafter

___\$100 early / \$120 thereafter - "Buddy Rate" for two or more registering together

Name of buddy: _____

To register:

- Send your registration form with cc# or check made payable to Center Edge
 Mail to: Kathy Brown / Center Edge • 4915 E. Pinchot Avenue • Phoenix, AZ 85018
- Fax your registration form w/ cc# to 602-952-1174
- PayPal - Let me know if you'd like me to send a PayPal invoice
- Venmo - please inquire
- **Call to register by phone – 602-952-7001**

Purchase Orders welcome

Card # _____ Expiration _____ Code _____

Signature _____ Billing zip code _____

This complete flyer / registration form is available at www.centeredge.com
Click on the Courses page and follow the links to Introduction to Brain Gym®

We look forward to having you in class!

*Note: The Center Edge office is in Kathy Brown's home, which she shares with her two cats.
If this is an issue for you, please advise asap so options can be explored.*

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