

Brain Gym® 26 Movements

A two-day course with

Kathy Brown, M.Ed.

author of *Educate Your Brain*

Date: September 28-29, 2019 (Sat-Sun)

Hours: 9:00 am to 5:00 pm

Location: Center Edge Office - 4915 E. Pinchot Ave., Phoenix, AZ 85018 • Near Thomas Road & 48th Street

Registration: \$275 if paid by Sept. 14, 2019 • \$300 thereafter

Additional Saving - Buddy Rate: \$250/ \$275 thereafter - two or more registering together

Includes a copy of the *Brain Gym® Teacher's Edition* book, which is the course text.

This course is for

Teachers • OT/PT/SLT • Counselors • Parents • Administrators

Anyone who wants to enhance learning, and life in general, for themselves and others

Participants will...

- Experience all 26 Brain Gym movements and learn how to get the (playful!) most out of each one
- Explore the Three Mind-Body Dimensions of Intelligence and their communication pathways in the brain -- Laterality (Right & Left Hemispheres), Centering (Cortex & Limbic System), and Focus (Brain Stem & Frontal Lobes) -- and how they can be enhanced through specific Brain Gym movements
- Learn how to modify Brain Gym activities for various special needs
- Experience how Brain Gym movements ready the mind-body system for focus, organization, participation, communication, relating positively to self and others, physical coordination, cognitive skills including reading.

This BG104 course is part of the NEW licensure track to become a

Brain Gym® Movement Facilitator.

Completion of this track will allow you to teach the BG104 course, as well as introductory workshops (using the movements) of up to 6 hours in length.

The **BGMF** track has just three required courses: BG101, BG104, and BG110.

Details under "Licensing Requirements" at BrainGym.org



Kathy Brown, M.Ed., Licensed Brain Gym® Instructor and Consultant, has 23 years experience as a classroom educator (K-6). Since 1998 she has been offering Brain Gym services in schools, teaching Brain Gym courses and workshops, and working with private clients of all ages.

She is the author of *Educate Your Brain*, the award-winning book on the basics of the Brain Gym® program.

Kathy says, "I've never seen anything like Brain Gym for uncovering hidden potential and bringing out the best in every learner. It makes learning more fun, and makes teaching easier--and it's simple to do. What could be better?"

Kathy Brown, M.Ed. • office **602-952-7001** • cell/text **602-672-7001**
www.centeredge.com • **kathy@centeredge.com**

Brain Gym® is a registered trademark of Brain Gym® International Ventura, CA
• www.braingym.org • 800-356-2109

**Yes, please register me for the two-day Brain Gym® 26 Movements Course (BG104)
September 28-29, 2019**

Name (please print clearly) _____

Address _____

City _____ State _____ Zip _____

Phone - day _____ evening _____

Email _____

___\$275 early registration (rec'd by Sept 14, 2019) ___\$300 thereafter

___\$250 early / \$275 -- "Buddy Rate" for two or more registering together

Name of buddy: _____

You can:

- Send your registration form with cc# or check made payable to Center Edge
 Mail to: Kathy Brown / Center Edge • 4915 E. Pinchot Avenue • Phoenix, AZ 85018
- Fax your registration form w/ cc# to 602-952-1174 (this is secure)
- Fill out registration form except for payment
 snap a photo and send by email
 then pay by Venmo - 602-672-7001 • kathy@centeredge.com
- **Call to register by phone – 602-952-7001**

Purchase Orders welcome

Card # _____ Expiration _____ Code _____

Signature _____ Billing zip code _____

This complete flyer / registration form is available at www.centeredge.com
Click on the Courses page and follow the links to Brain Gym® 26 Movements Course

We look forward to having you in class!

**Kathy Brown, M.Ed. • office 602-952-7001 • cell/text 602-672-7001
www.centeredge.com • kathy@centeredge.com**