

The Brain Gym® 101 Course

taught by Kathy Brown, M.Ed.

author of *Educate Your Brain*

Dates in 2020: April 24-25-26 • July 10-11-12 • October 2-3-4, 2020

Hours: 9:00 am to 5:30 pm, all three days

Location: Center Edge office: 4915 E. Pinchot Ave., Phoenix, AZ 85018 (Near Thomas Rd. & 48th St.)

Registration: \$425 if received two weeks in advance, \$450 thereafter

Buddy rate: \$395 early pay / \$410 later - each, for two or more registering together

Repeat registration fee: \$215 early pay / \$225 later

Brain Gym® is an innovative program that supports each learner in....

- overcoming blocks to efficient learning
- improving focus, concentration, organization, listening, and key academic skills such as reading
- gaining greater physical coordination, in everything from everyday activities to sports performance

It is also a cutting-edge means for adults to achieve more ease and effectiveness in any area of life where they feel stuck, frustrated, or "not their best."

Brain Gym is easy to learn, fun to use, and requires no special equipment. It smoothly supplements other areas of the school curriculum or business day. It simply "greases the wheels of learning and effectiveness," and allows the everyone's innate ability to come out in his or her work, interactions, and self-esteem.

Participants will come away from this course with information and tools they can use right away with their students, and for themselves.

One occupational therapist said, "We just do a few Brain Gym movements and kids start doing things I've been trying for months to get them to do. It really makes their learning easier!"

Books: To learn the BG101 material most easily, and to more fully use the skills you learn in the future, two books are recommended:

- *Educate Your Brain*, by Kathy Brown. There's a lot to learn and experience in BG101, and it's all new to the beginner! I wrote *Educate Your Brain* as the ideal companion for learning and using Brain Gym. I offer this book at a **special pre-registration rate of \$20**, which includes the postage for me to mail it to you so you can read some specific pieces ahead of time. This will greatly enhance your learning process. (A student of one of my colleagues read *EYB* and said, "Wow - I wish I'd read this before I took BG101!") Available in class for \$21.95 plus tax.
- *Brain Gym® Teacher's Edition*, by Paul & Gail Dennison. This book fully describes all 26 Brain Gym movements, and provides much supplemental information about them, and about Brain Gym. Available in class for \$29.95 plus tax.

This course is part of the Brain Gym® instructor licensure curriculum.



Kathy Brown, M.Ed., Licensed Brain Gym® Instructor and Consultant, has 23 years experience as a classroom educator (K-6). Since 1998 she has been offering Brain Gym services in schools, teaching Brain Gym courses and workshops, and working with private clients of all ages.

She is the author of *Educate Your Brain*, the award-winning book on the basics of the Brain Gym program.

Kathy says, "I've never seen anything like Brain Gym for uncovering hidden potential and bringing out the best in every learner. It makes learning more fun, and makes teaching easier--and it's simple to do. What could be better?"

Kathy Brown, M.Ed. • 602-952-7001
www.centeredge.com • kathy@centeredge.com

Brain Gym® is a registered trademark of Brain Gym® International
www.braingym.org

Yes, please register me for Brain Gym® 101 --

___ April 24-25-26, 2020

___ June 10-11-12, 2020

___ October 2-3-4, 2020

Name (please print clearly) _____

Address _____

City _____ State _____ Zip _____

Phone - day _____ evening _____

Email _____

___ \$425 early registration (rec'd 2 weeks ahead)

___ \$450 thereafter

\$50 of each registration is a non-refundable deposit, unless we cancel

___ \$215 repeat registration (rec'd 2 weeks ahead)

___ \$235 thereafter (bring your manual)

___ \$395 Buddy Rate (rec'd 2 weeks ahead)

___ \$410 thereafter for 2 or more registering together

___ I have added \$20 to my course payment to have a copy of *Educate Your Brain* mailed to me.

___ I have added \$32.44 to my course payment to reserve a copy of *Brain Gym® Teacher's Edition*.

My total (Reg. & Book/s): \$ _____ Name of Buddy Rate partner/s _____

To register:

- Send your registration form with cc# or check made payable to Center Edge
Mail to: Kathy Brown / Center Edge • 4915 E. Pinchot Avenue • Phoenix, AZ 85018
- Fax your registration form w/ cc# to 602-952-1174
- PayPal - Let me know if you'd like a PayPal invoice
- Venmo - please inquire
- **Call to register by phone – 602-952-7001**

Purchase Orders welcome

Card # _____ Expiration _____ Code _____

Signature _____ Billing zip code _____

*Note: The Center Edge office is in Kathy Brown's home, which she shares with her two cats.
If this is an issue for you, please advise asap so options can be explored.*