

Childhood Reflexes and Their Effect on Learning & Behavior

Course Created by Claire Hocking of Australia

Presented by Kathy Brown, M.Ed.

Date change: November 20-21-22, 2020

Ability360 - Conference Center • 5031 E. Washington St. Phoenix, AZ 85034

The retention of primitive infant reflexes is a key underlying cause of many learning and behavioral problems. When reflexes do not integrate as expected and remain active in a person's system they interfere with appropriate development. Retained infant reflexes may contribute to hyperactivity, dyslexia, disruptive behavior, odd sitting or writing postures & grip on the pencil, and poor memory, concentration, coordination – and much more. Even in otherwise high-functioning teens or adults, a specific retained reflex may be at the core of a baffling cognitive challenge, coordination issue, or anxiety concern.

"This course transformed my work with clients of every age and ability level." ~ Kathy Brown, M.Ed.

"I never had such an effective way of addressing retained infant reflexes before. My young clients are improving so quickly - parents are amazed!" ~ K. Clark, OT

Participants in this course will come away with:

- Information on childhood reflexes in general and their vital link to learning and behavior
- Description, function, and/or purpose of each reflex in infancy
- Chronological order and normal expected time of emergence and integration of each reflex
- The effects of specific reflexes on learning, behavior, physical activity, sports, and wellness if they do not become fully integrated
- Reflex Testing Methods including Testing positions and procedures, Observations, Noticing Score
- **Effective techniques and procedures for supporting integration of each reflex** through the targeted use of Brain Gym® movements, Dennison Laterality Repatterning, and specific developmental activities related to each reflex
- Practical management strategies for short- and long-term improvement for home, the classroom, and private practice

Reflexes to be addressed in this course, and some associated behaviors:

Fear Paralysis - global developmental delay, anxiety/overwhelm, depression, extreme shyness, social phobia, selective mutism
Moro - low tolerance to stress or surprise, anxiety unrelated to reality, angry outbursts, insecure, easily distracted, poor focus
Tonic Labyrinthine - hypo/hypertonic, toe-walking, language delay, tires easily & wants to lean, sit or lie down, stiff movement
Palmar - fine motor issues, immature pencil grip, awkward handwriting with incorrect pressure, moves tongue while writing
Infant Plantar - dislike wearing shoes, difficulty standing, running & walking, curled toes when thinking or working
Asymmetrical Tonic Neck (ATNR) - poor eye teaming and eye-hand coordination, midline issues, reversals in reading and writing
Spinal Galant - difficulty sitting still, poor concentration, highly ticklish, bed wetting/soiling, irritable bowel syndrome in adults
Rooting & Suck - speech articulation issues, sloppy eating, chews on objects, difficulty swallowing, emotionally clingy
Babinski - Underdeveloped vestibular, poor gross motor, flat-footed, does not like walking, walks on toes & rotates hips inward
Symmetrical Tonic Neck (STNR) - always popping out of chair to stand, sits with legs as straight as possible, poor concentration

Sorry, this course is not yet part of the Edu-K curriculum in the U.S.



Kathy Brown, M.Ed. has been an Educational Kinesiologist and Brain Gym® Instructor since 1998. She teaches five courses in the Educational Kinesiology curriculum and works with private clients, young and old, who want to overcome blocks to learning, focus, coordination, and more. She is the author of the award-winning book *Educate Your Brain: Use mind-body balance to learn faster, work smarter, and move more easily through life.*

Kathy has been using the Reflexes techniques taught in this course for 20 years, and is impressed with how quickly and effectively they can resolve retained infant reflexes, at any age. **She is authorized by course creator Claire Hocking to teach her Reflexes work.**

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*For Kathy's articles about this Reflexes work, visit this Index:
<http://centeredge.com/books-blog/articles-index/>*

**Registration Form
Childhood Reflexes Course**

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Name (please print clearly) _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Standard Registration _____ \$425 until two weeks prior to class _____ \$450 thereafter

Repeat Registration _____ \$215 until two weeks prior to class _____ \$225 thereafter

Buddy rate (2 or more registering together) _____ \$395 early _____ \$410 thereafter

Name of registration buddy: _____

To register:

- Send your registration form with cc# or check made payable to Center Edge
Mail to: Kathy Brown / Center Edge • 4915 E. Pinchot Avenue • Phoenix, AZ 85018
- Fax your registration form w/ cc# to 602-952-1174
- PayPal - Let me know if you'd like me to send a PayPal invoice
- Venmo - please inquire
- **Call to register by phone – 602-952-7001**

Purchase Orders welcome

Card # _____ Expiration _____ Code _____

Signature _____ Billing zip code _____

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*For Kathy's articles about this Reflexes work, visit this Index:
<http://centeredge.com/books-blog/articles-index/>*

*Note: The Center Edge office is in Kathy Brown's home, which she shares with her two cats.
If this is an issue for you, please advise asap so options can be explored.*

**Instructor and Course Sponsor: Kathy Brown, M.Ed.
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