

# The Developmental Building Block Activities

May 17  
2026  
Sunday

Who should attend?  
OTs • PTs • SPED • Parents  
Anyone working with people who  
have special needs:  
developmental delay  
learning challenges • ADD/ADHD  
PTSD • sensory overwhelm • TBI  
self-regulation issues

Taught by Kathy Brown, M.Ed.  
Author of *Educate Your Brain*



## The BBA workshop offers simple techniques that support integration of the nervous system

**Hours:** 9:00 am to 5:00 pm

**Location:** Center Edge office  
4915 E. Pinchot Ave. • Phoenix, AZ 85018

**Registration:** \$140 received by 5/01/26  
\$160 thereafter

**Repeat discount rate:**  
See reverse

**No prerequisites — open to all.**

- Do you work with children (or teens, or adults) whose nervous system seems over- or under-reactive to sensory information, or have challenges with self-regulation?
- Do they have difficulty with focus, body awareness, and/or basic movement, orientation, and cognitive skills?
- Are they too young (or distracted) to engage in other therapeutic activities?

The developmental Building Block Activities support people of any age in developing a stronger capacity for internal organization—pattern and structure—so that sensory information can be more comfortably received and responded to, and their innate abilities can become more naturally available.

### Learn:

- Eight soothing techniques/activities that support neurological integration and self-regulation
- How challenges operating in three “learning dimensions” can affect the way we function on a daily basis
- How to select activities based on how the child is sitting, standing, moving

Throughout, **experience for yourself** the difference—the deep-down nourishing comfort—that this level of neurological integration can offer. And then imagine how your own students or clients will benefit, as well!



**Kathy Brown, MEd,** Licensed Brain Gym® Instructor/Consultant since 1998, also has 23 years experience as a K-6 classroom educator. She offers Brain Gym services in schools, teaches Brain Gym courses and workshops, and works with private clients of all ages. She is the author of the acclaimed book on the basics of Brain Gym, *Educate Your Brain*, and the upcoming book, *Building a Reading Brain*.

## To Register:

• **US Mail** - Send your registration form with cc# or check made payable to Center Edge. Mail to:

**Kathy Brown/Center Edge**  
4915 E. Pinchot Avenue  
Phoenix, AZ 85018

• **Venmo** - Pay to **Kathy-Brown-117**  
Send a photo of your registration form indicating Venmo payment by  
**email: [kathy@centeredge.com](mailto:kathy@centeredge.com)**  
**or text: 602-672-7001**

• **Call Kathy** with credit card # or Venmo transaction – **602-672-7001**

**School or agency? Purchase Orders are welcome.**

"Learning and memory are based on our ability to make patterns from sensory information."

~ Carla Hannaford, Ph.D.  
*Awakening the Child Heart*

## Recommended Reading:

**Information about these activities on my website:**

[centeredge.com/sessions/other-techniques/](http://centeredge.com/sessions/other-techniques/)

**Blog article about these activities:**

[wholebrainliving.com/2019/09/introducing-developmental-building.html](http://wholebrainliving.com/2019/09/introducing-developmental-building.html)

**For information about Brain Gym®:**

**Educate Your Brain**

I wrote this book to share the simplified basics of the Brain Gym® system. Much of this information will support your understanding of why these BBA tools are so effective.

You can purchase a copy in class, or now at **EducateYourBrain.com**.

# Yes, please register me for the BBA Workshop

Sunday, May 17, 2026

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

**Note:** This course is being held in Kathy Brown's office, which is in her home, and she has two cats. Please let her know if this creates a challenge for you.

### Registration Rate

\_\_\_ \$140 early registration (rec'd by 5/01/26)      \_\_\_ \$160 thereafter

### Repeat Discount Rate

\_\_\_ \$70 repeat registration (rec'd by 5/01/26)      \_\_\_ \$80 thereafter  
(bring your manual)

**Registration Amount:** \$ \_\_\_\_\_

### Payment by:

\_\_\_ Venmo (Kathy-Brown-117)

\_\_\_ Check, made out to Center Edge (please attach)

\_\_\_ Purchase Order (please attach)

\_\_\_ Credit Card:

Card # \_\_\_\_\_

Expiration \_\_\_\_\_ Code \_\_\_\_\_ Billing zip code \_\_\_\_\_

Signature \_\_\_\_\_

*See you soon!*